

# Students Respond

After reading the Medical Assistant's blog post, I found myself just as interested and curious as to what they are doing in class as the writer was. The phlebotomy was especially interesting to read about because although I am not comfortable with needles, I find it fascinating when it is not done on myself. Do Medical Assistant students do phlebotomies on each other? I mainly learned what Medical students are going to be doing this year and how their human based services are vastly different from what we are doing in our animal services. The author mentioned how they are excited to take care of more patients than they did last year because it helped them be more comfortable talking to them and calming them down which is important to note because we will also be learning that in the Veterinary Assistant program.

This blog caught my attention by saying, you like making people feel comfortable in their own beautiful way. Which we should have more people like you to make a positive impact on them. This change my perspective by, you could change somebody's day, even if its little like curling someones hair. The key i took from this, is you could always make someone's day without you even trying. For the future of my clinics I could ask how was someone's day. Something small or big to change they view life. There could be something wrong in their life at the moment and you never know what some words or actions can do.

In the blog post titled "DENTISTRY IS LIFE!" I found it interesting that the writer normalized making mistakes. A lot of people would see making mistakes as a negative thing, but that's not always the case. The writer made it clear that mistakes are okay and completely normal for us students to make, and we learn from them. A key take away for me would be that we are still students and learning things everyday so we should not expect ourselves to be experts or be hard on ourselves if we don't know everything. I can use what I learned by reading this blog post in future clinics by knowing that our patients know we are students and constantly learning and they don't expect us to be experts either!

This post was really interesting and I enjoy reading it, I find it interesting that you want to learn about Pregnancy Massage and Sports Massage. I can see that you want to be in the Massage field because you talk about it with so much passion and you want to improve your skills. I didn't know that you have to be in a certain position for Massage Therapy, that is something that is really interesting to me. To answer your question, I want to learn how to take care of animals when they walk in through the doorway for I want to help them when they are in need. I love your post and I hope you make more about your journey through your career.

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# CAVIT Clinic



**"Anticipating Clinic Experiences"**



**September, 2019**

# Highlighted Blogs

## Medical Year 2 Clinics

My focus this year for clinic is to grow and improve my skills. The skills that I want to grow and improve is;

- Communication
- Techniques
- Body mechanics
- Pressure

Since it's the beginning of the year we haven't learned a lot of massage this year. I'm really excited to learn all the different types of massages we're learning this year, which is;



- Trigger Point
- Hot Stone
- Sports Massage
- Pregnancy Massage

I'm not sure if that's all that we're learning or if we're learning more but I'm pretty excited to learn all these different types of massages. Learning these massages will improve my skills as a Massage Therapist. It is better to know how to do several massages overall, than just the typical Swedish and Chair massage. For more information about Massage Therapy and our goals as a class click [here](https://www.cavitschools.com/Massage_Therapy).

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Improving my skills is definitely one of the main focuses, that I want to improve this year. If my body mechanics aren't proper, then I can injure myself, while performing Massage Therapy. If my back isn't positioned in the right way, or my legs and hips aren't, I can hurt my back. I want to improve the amount of pressure I apply, because there are some clients that I might get, who are double my size and they want deep pressure. This presents a challenge because I'm a small girl, so sometimes my pressure might not be deep enough.

The communication I want to improve is the small talk that I make with my clients, while walking back to the bays. This is a very odd thing for an introvert, because, I'm not the best with making small talk with people, especially my friends. The massage techniques that I also want to improve on is my tapotement. I'm struggle with this technique, specifically when it comes to keeping the pattern or timing. I'm so focused on my body mechanics when I do tapotement, so I forget about timing and the pattern.

What are some things that you want to learn or improve in this years clinics?

# Highlighted Blogs

## CAVIT Pet Clinic Superhero!

Throughout life, I've always wanted to be a veterinarian – from dressing as a veterinarian for Halloween to pretending to take my cats to the veterinary office. It's been my dream for so long and I'm very excited to have this opportunity in the CAVIT Veterinary Assistant Program. I knew I wanted to work with animals for as long as I remember and I know this class can give me a head start! I never knew I would be learning how to groom animals this first year, but the basics are what I need to able to succeed.

So far this school year, things have been going great. I've been learning new things that I'm actually interested in AND I get to work with animals! This upcoming clinic is a little stressful, but I think I can pull through. My knowledge of restraints and animal behavior will help a lot. One of the things I'm looking forward to most is, of course, working with animals and learning new things hands-on and not just by the book. I'll learn from experience and practice from there. I've always wanted to work with animals and learn to care for them, which the clinics will help me do. I can learn proper grooming and health of an animal from clinics.

### Things that I will learn how to do at the CAVIT Animal Day Spa:



- Brushing / De-shedding
- Bathing
- Blow Drying
- Ear Cleaning
- Nail Trimming
- Vitals
- Medical History
- Medical Record
- Client Communication

Another thing that I am most looking forward to in clinics, is learning how to deal with patients and clients. I'm known for being quiet and shy, but I'm hoping the clinics will help me come out of my shell. I feel that talking with clients will boost my confidence in public speaking and interacting. I will learn to consult clients and learn to properly speak with them. Working with clients that I already know will help me not stress and be calm, even if I end up messing up. I'm excited to work with the clients and patients to see what it's like in the real world.

"Some superheroes don't wear capes, they're called veterinarians" -Unknown



