Printed for: CAVIT Behavioral Health Program



Psychiatric Technicians

<u>Also called:</u> Mental Health Associate, Mental Health Technician (MHT), Mental Health Worker, Psychiatric Technician (PT)

What they do:

Care for individuals with mental or emotional conditions or disabilities, following the instructions of physicians or other health practitioners. Monitor patients' physical and emotional well-being and report to medical staff. May participate in rehabilitation and treatment programs, help with personal hygiene, and administer oral or injectable medications.

On the job, you would:

- Take and record measures of patients' physical condition, using devices such as thermometers or blood pressure gauges.
- Monitor patients' physical and emotional well-being and report unusual behavior or physical ailments to medical staff.
- Provide nursing, psychiatric, or personal care to mentally ill, emotionally disturbed, or mentally retarded patients.

KNOWLEDGE

Math and Science

psychology

Health

therapy and counseling

Business

- customer service
- management

Safety and Government

public safety and security

SKILLS

Basic Skills

- talking to others
- keeping track of how well people and/or groups are doing in order to make improvements

Social

- understanding people's reactions
- changing what is done based on other people's actions

People and Technology Systems

• thinking about the pros and cons of different options and picking the best one

figuring out how a system should work and how changes in the future will affect it

ABILITIES

Verbal

- communicate by speaking
- listen and understand what people say

Ideas and Logic

- notice when problems happen
- make general rules or come up with answers from lots of detailed information

PERSONALITY

People interested in this work like activities that include **helping people**, **teaching**, and talking.

They do well at jobs that need:

- Concern for Others
- Stress Tolerance
- Adaptability/Flexibility
- Dependability
- Integrity
- Self Control

TECHNOLOGY

You might use software like this on the job:

Spreadsheet software

Microsoft Excel

Medical software

- GE Healthcare Centricity EMR
- Netsmart Technologies Avatar Clinical Workstation CWS

Electronic mail software

Microsoft Outlook

EDUCATION











high school diploma/GED or master's degree

usually needed

JOB OUTLOOK



Bright



EXPLORE MORE

- Occupational Therapy Assistants
- Physical Therapist Aides
- Physical Therapist Assistants
- <u>Psychiatric Aides</u>
- Recreational Therapists

You might like a career in one of these industries:

• Health & Counseling